Who Should Attend?

Strength & Conditioning Coaches
Athletic Trainers
Physical Therapists
Athletic Administrators
Personal Trainers
Fitness Trainers
Athletes interested in
Sport Specific Training
Anyone interested in Conditioning

Presentors

Frank Velasquez  Pittsburgh Pirates
Will Peveler  Northern Kentucky University
Paul “Babe” Mayer  Pennsylvania College of Technology
Tony Decker  Temple University
Bradon Houragian  University of Virginia
Joe Schoeleber  MVP University
Tim Belt  University of Pittsburgh
Andrew Tyndall  University Orthopedics
Jerry Shreck  Bucknell University
Nancy Hawkins Riggs  Be-Fitness Delaware
Leo Totten  USAW International
Lori Swaldi  Star Physical Therapy
Bradley Pantall  The Pennsylvania State University
Carrie Leese  Widener University
Andy Bosak  Life University
Mike Pilato  Equestrian Sports Medicine & Performance
Dan Cenidoza  Be-More Training
Todd M. Barnes  NovaCare
Tony Tridico  Youngsville High School
Darin Thomas  Notre Dame University
Joe Fondale  Speed School
Jim Smith  Diesel Crew
Jeremy Hoy  Finish First Sports Performance
Tim Lang  DePaul University
William Maher  Certified Kettlebell Instructor
Todd Hamer  Robert Morris University
Greg Ryan  University of Alabama
Tracey Sibley  Gardener Webb University
Todd Burkey  Youngstown State University
Brian Devibliss  Williamstown Middle High School
Tom DeMayo  Richmond University
W. E. Buckley  Penn State University

11th Annual Pennsylvania State Strength & Conditioning Clinic

All Sports and All Components of Performance Enhancement

June 18–19, 2010

Juniata College is also offering a Strength & Speed Training Camp for all athletes grades 6–12.
For more information visit www.juniata.edu/camps/youthstrength
Certification (PA Act 48–Contact in advance for needed certification material)
- Other–Open to anyone interested in Sports Performance Enhancement
- NSCA–1.9 CEU's
- NATA-BOC–19 Contact Hours
- PA Act 48/ Physical Education Teachers/ 19 Credit Hours
- School

Approved by NJ Department of Education for Professional Development

Package Options
- Overnight Package $240
  (Thurs. & Fri. Night Lodging On Campus, Double Occupancy*)
  Includes 2 days Registration, 2 Nights Lodging, 4 Meals, Clinic Material, T-shirt
- 2 Day Package $200
  (No Overnight Lodging)
  Includes 2 days Registration, 4 Meals, Clinic Material, T-shirt
- 1 Day Package $120
  (No Overnight Lodging)
  Includes 1 day Registration, 2 Meals, Clinic Material, T-shirt

* Limited single occupancy rooms are available for an additional $50

Name: ____________________________
Phone: ___________________ Cell: ___________________
Address: ___________________________________________
City: ____________________ State: ______ Zip: ___________
E-mail: _____________________________________________
Roommate Preference: _______________________________

Signatures on this registration form signify each participant has read, understands and
abides by this information. I release and discharge Juniata College, and workers and em-
employees, from all action, suits and demands whatsoever in law or in equity, including, but
not limited to, the risk of injury from participating in the clinic and the risk of loss of per-
sonal property by theft or otherwise. I give permission to workers and employees to treat
injuries sustained in clinic and to assist participants. By signing this release, I understand
and consent that my photographs may be displayed in promotional media to be viewed by
the general public. I consent to such uses and hereby waive all rights to compensation and
any right to inspect or approve the finished product image, regardless of format.

Refund Policy
All refund requests MUST be made in writing to:
JUNIATA ATTN: DOUG SMITH
KENNEDY SPORTS AND RECREATION CENTER
1700 Moore Street
HUNTINGDON, PA 16652-2196
Full refund less $50 if postmarked by 6/4/10.
50% refund if postmarked by 6/4/10.
No refund after 6/11/10.