Who Should Attend?
Strength & Conditioning Coaches
Athletic Trainers
Physical Therapists
Athletic Administrators
Personal Trainers
Fitness Trainers
Athletes interested in
Sport-specific Training
Anyone interested in Conditioning

Presenters
Dick Hartzell
Tanya Williams
Stacy Bishop
Joe Fondale
Brandon Hourigan
Alan DeGennaro
Lori Swaldi
Tom Swaldi
Jim Smith
Buddy Morris
Tony Decker
William Maher
Paul “Babe” Mayer
Jay DeMayo
Todd Barnes
Todd Burkey
Greg Ryan
Ryan Cidzik
AJ Johnson
Darin Thomas
Rob Pananiello
Jerry Shreck
Martin Fees
Tony Tridico
Jim Cerullo
William Hicks
Andy Bosak
Jon Record
Jon Clancy
Frank Valasquez
Will Peveler
Michael Rankin
Tim Lang
Mark Feldner
Tim Beltz
Todd Haner
WE Buckley
John Vairo

Juniata College
Strength & Conditioning Clinic
All Sports and All Components of Performance Enhancement
June 15–16, 2012

Juniata College
Conferences & Events Office
1700 Moore Street
Huntingdon, PA 16652

18 credit hours
1.8 CEUs
18 contact hours
2012 Strength & Conditioning Clinic Registration

Certification
- Other—Open to anyone interested in Sports Performance Enhancement
- NSCA—1.8 CEU’s
- NATA-BOC—18 Contact Hours
- PA Act 48/ Physical Education Teachers/ 18 Credit Hours
- School ____________________________
- Approved by NJ Department of Education for Professional Development

Package Options
- Overnight Package $250
  (Thurs. & Fri. Night Lodging On Campus, Double Occupancy*)
  Includes 2 days Registration, 2 Nights Lodging, 4 Meals, Clinic Material, T-shirt
- 2 Day Package $210
  (No Overnight Lodging)
  Includes 2 days Registration, 4 Meals, Clinic Material, T-shirt
- 1 Day Package $130
  (No Overnight Lodging)
  Includes 1 day Registration, 2 Meals, Clinic Material, T-shirt

* Limited single occupancy rooms are available for an additional $50

Name: _____________________________________________
Phone: ___________________ Cell: _____________________
Address: ___________________________________________
City: ____________________State: ______Zip: ___________
E-mail: _____________________________________________
Roommate Preference: _______________________________

Signatures on this registration form signify each participant has read, understands and abides by this information. I release and discharge Juniata College, and workers and employees, from all action, suits and demands whatsoever in law or in equity, including, but not limited to, the risk of injury from participating in the clinic and the risk of loss of personal property by theft or otherwise. I give permission to workers and employees to treat injuries sustained in clinic and to assist participants. By signing this release, I understand and consent that my photographs may be displayed in promotional media to be viewed by the general public. I consent to such uses and hereby waive all rights to compensation and any right to inspect or approve the finished product image, regardless of format.

Insurance Holder: __________________________________
Holder’s Signature: __________________________________
Medical Insurance Carrier: ____________________________
Policy Number: ______________________________________

Mail registration form and check to:
Juniata College
Conferences and Events
1700 Moore Street
Huntingdon, PA 16652-2196

To register online and for additional registration forms, visit www.juniata.edu/camps/strength

Please make checks payable to Juniata College.

Clinic Presentations
Overall strength program design
Exercise mechanics
Sport specific speed training
Sport specific agility training
Functional sport specific strength
Injury rehabilitation
Program adaptation
Sport specific flexibility
Development of core strength
Non-traditional modes of functional strength training

The 2012 Strength & Conditioning Clinic will be held in the F. Samuel Brumbaugh ’54 & Martha A. Brumbaugh Strength and Fitness Center and the Brumbaugh Academic Center.

Strong Man Competition
This competition will be held during the BBQ from 6:00 to 7:30 p.m.

Doug Smith
MS, CSCS, NSCA-CPT
Clinic Director
Juniata College
Strength & Fitness Coordinator
814-641-3502
smithd@juniata.edu
1-877-JUNIATA ext. 3502

Professional Development & Continuing Education Units Awarded By:
National Strength & Conditioning Association
BOC-National Athletic Trainers Association
Pennsylvania Board of Education/Act 48
New Jersey Board of Education Professional Development

Refund Policy
All refund requests MUST be made in writing to:
JUNIATA COLLEGE ATTN: DOUG SMITH
KENNEDY SPORTS AND RECREATION CENTER
1700 MOORE STREET
HUNTINGDON, PA 16652-2196
Full refund less $50 if postmarked by 5/30/12.
No refund after 6/1/12.

Check-In Reminder
Thursday night check-in will be held in the Kennedy Center lobby from 6–11 p.m. Please call 814-641-3604 to arrange late arrivals.