Larry Bock  
*Juniata College Head Coach*

Larry Bock is one of the most recognizable names in collegiate volleyball. His list of accomplishments and awards places him among the most successful volleyball coaches in the country at any level.

Bock has been the head coach since Juniata began varsity competition with an 11-0 regular season in 1977. Bock is the all-time leader in NCAA women’s volleyball with 1032 victories. He has been named the American Volleyball Coaches Association “National Coach of the Year” four times and “Regional Coach of the Year” eight times. He has also been named Volleyball Monthly/ASICS “National Coach of the Year” three times.

Under Bock’s tutelage the eagles soared to their first National Championship in 2004. The eagles have also advanced to the NCAA quarterfinals for 24 straight years and have appeared in the semi-finals 19 times. The program also boasts 30 all-Americans, including 23 first-team choices.

Heather Pavlik  
*Juniata College Associate Head Coach*

Pavlik, a 1995 graduate of Juniata, was a setter for the Eagles and was a three-time AVCA first-team all-America selection.

Pavlik is entering her tenth year of coaching the Eagles and is primarily responsible for the setters and the offense. She has trained four different starting setters, all of whom have received all-America honors. Carli Dale, the setter for the 2004 National Championship squad was named the National Player of the Year.

**Things to Bring to Camp**

- ☐ Shorts
- ☐ Athletic shoes
- ☐ Kneepads
- ☐ Socks
- ☐ Snacks
- ☐ Linens
- ☐ T-shirts *(pack extra just in case)*
- ☐ Swimming Gear *(including towel)*

**Meet the Coaches**

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High School Weekend Team Camp and Coaches Clinic

The high school weekend team camp and coaches clinic will provide teams the opportunity to improve upon individual skills as well as play competitive matches. The largest portion of this camp will be devoted to tournament play. The clinic portion of this camp will provide coaches with the opportunity to discuss offensive and defensive tactics as well as individual skill training. The weekend team camp will run from 1:00 PM Friday (with check-in from 10 AM until 11:30 AM) through 5:00 PM Sunday.

Clinic and Session Topics

- Sideout offense
- Transition offense
- Quick middle attack
- Combination attacking
- Defensive systems
- Serving strategies
- Blocking
- Training individual skills
- Setter training

Saturday Schedule

- 8:00-12:00 First tournament play schedule
- 12:00-1:30 Lunch/Recreation and Coaches clinic session
- 1:30-4:30 Second tournament play schedule
- 4:30-6:00 Dinner/Recreation and Coaches clinic session
- 6:00-10:00 Third tournament play schedule

*Each team will have 2 matches per session and team training.
*Open pool hours are 9-10 PM for those not playing the late match.
*This schedule will be adjusted for Friday and Sunday.